

HIT THE SPOT:

By Nicole Gallagher

I have tried it all at Bliss; eaten everything there more than one time and I adore it ... not just the food but everything about the little place located on Route 6 in Mahopac, including the friendly welcoming staff. Even when I don't know what I want to eat off their bountiful menu, they are patient and helpful with suggestions, making it an easy, fast and perfect way to start or finish a long day.

When I am rushed, like most American families nowadays, I don't want to pull through the local fast food drive-thru for a greasy, fat-filled burger. I know they may not be using the best products and serving them to my family seems like even less of a reason to pull into a drive-thru window and order by-products. Even if they are local to my area, I like a good, old-fashioned mom-and-pop business over a chain. Isn't that what small-town life is all about? At Bliss, you can grab a quick meal, prepared with fresh, high-quality ingredients without all the glam of over-marketing, plastic toys and questionable food products. I know what I am eating at Bliss: a good home-cooked meal. At Bliss, you get the most bang for your buck without all the guilt of quality; guilt, yes, because some of their dishes are sinfully good and not for everyday consumption (but a must-try on your naughty days of food sampling).

So the next time you're out and about, remember B-L-I-S-S for these simple reasons:

B is for Breakfast. The breakfast specials list includes "The Barnyard": chopped steak, ground sausage, and two fried eggs with cheddar and pepper jack cheese on a wedge. Keeping your diet on the lighter side? Order up an egg-white omelet with shredded potatoes. Pancakes or Belgium waffles, topped with fresh fruit or ice cream, is always a kid pleaser.



L is for Lunch. They offer salads, soups, wraps, sandwiches, macaroni and cheese, hot dogs, specialty fries, chicken, tacos, grilled cheese and burgers. All meals range in price from \$1.75 to \$10. The average meal is about \$6.95. The top three must-try picks are:

- The hard shell taco, shrimp or steak, just \$2.95 each. The salsa is house made with perfectly grilled meat/fish.
- The Greek burger, an 8 oz. burger with feta mixed in and topped with lettuce, tomato, red onion, pepperoncini and a cucumber dill sauce (while this burger is a special burger, not on the menu, they offer it often enough).
- The macaroni and cheese with garlic crumbs. It's superb; they don't reinvent it, but they keep it classic, cheesy and tasty.

I is for Ice cream. Creamy vanilla or chocolate shakes, root beer floats, malts and egg creams. Need I say more?

S is for Sandwiches. Wraps and sandwiches range in price from \$6.95 to \$7.29. Off the menu choose the classic chicken cutlet or New York cheese steak,

smothered with peppers, onions and mushrooms. Other special creations include grilled ham with mozzarella cheese caramelized pineapple all piled on grilled casa bread. Another local favorite, "The Charlie Sheen," is composed of pulled pork, slaw and bacon on a roll.

S is for Savings. Leave on the last S for the extra savings you get with Bliss daily specials. Aside from the reasonable prices on the everyday menu, Bliss offers daily specials that include a fountain beverage with your meal. All the food is made to order, so you can tweak your next meal to be the way you want it. So be patient, you will notice that Bliss dishes it out fast and affordably with smiles all around town.

Bliss Dairy Bar & Grill is located at 4 Cherry Lane (on the corner of Route 6) in Mahopac. Delivery, take out or eat in. Kids' menu available. Visit them on Facebook, where they post daily specials. Phone: 845-628-0384.

We encourage Eventful readers to keep submitting restaurant suggestions. Share your favorite local eatery with Nicole at nicole@eventfulmagazine.com.

